

Helping the PWA (person with acromegaly) in your life find, evaluate, and participate in a clinical trial is no small feat. There are lots of moving parts. As such, it can be helpful to keep all your notes, questions, thoughts, and observations on the clinical trial process in one place, such as a journal. These insights can help if you and the PWA in your life participate in a clinical trial. It can also be shared wisdom that you pass on to other caregivers or AcroAllies in your life.

What to record:

Notes/observations This could be anything from a list of trials that you think might be a good fit during the research phase to side effects observed in the PWA in the middle of the trial that you want to share with the research team.

What questions do I have? Jot down any questions you have about evaluating a trial, such as how to be reimbursed for study-related transportation or if there are support services available for participants. Taking this approach will help you capture everything so you can ask the appropriate person when the time arises.

What did I learn? Use this section as a place for reflection or to record the answers to specific questions. Did you learn an effective way to communicate concerns and questions to the research team? Did you learn something new about how to best provide support to the PWA? Record it all! You never know when you'll want to reference this information.

	NOTES/ OBSERVATIONS	WHAT QUESTIONS DO I HAVE?	WHAT DID I LEARN?
<i>Research/identify clinical trials</i>			
<i>Volunteering for Screening</i>			

	NOTES/ OBSERVATIONS	WHAT QUESTIONS DO I HAVE?	WHAT DID I LEARN?
<i>Deciding to participate</i>			
<i>Beginning of trial</i>			
<i>Middle of trial</i>			
<i>End of trial</i>			